

Annapurna Sanctuary Trek - 11 Days

What if just 11 days could take you from vibrant cities to the heart of the Annapurna Sanctuary?

The Annapurna Sanctuary Trek is one of Nepal's most iconic Himalayan adventures, combining breathtaking mountain scenery, rich cultural experiences, and charming mountain villages. Your journey begins in Kathmandu, followed by a scenic flight to Pokhara, the gateway to the Annapurna region. After completing the trek, you'll return to Pokhara and take a flight back to Kathmandu, making the journey comfortable and time-efficient.

From the vibrant streets of Kathmandu to peaceful forests, cascading rivers, terraced hillsides, and towering snow-capped peaks, every day brings a new and unforgettable experience.

At Trek Curator, we offer expertly designed Annapurna Sanctuary trekking experiences for both beginners and experienced trekkers. Whether you're looking for a guided trek, a private package, or a group joining adventure, our experienced local team ensures a safe, comfortable, and memorable journey.

What is the Annapurna Sanctuary Trek?

The Annapurna Sanctuary Trek is an 11-day Himalayan adventure that reaches Annapurna Base Camp (4,130m / 13,550ft). The trail passes through traditional Gurung and Magar villages, lush rhododendron forests, terraced farmlands, alpine landscapes, and the spectacular Annapurna Sanctuary before reaching the foot of Annapurna I (8,091m). Along the way, you'll enjoy breathtaking views of Machhapuchhre (Fishtail), Annapurna South, Hiunchuli, Dhaulagiri, Nilgiri, and many other Himalayan giants.

Annapurna Sanctuary Trek Highlights

- Scenic flights between Kathmandu and Pokhara, saving travel time.
- Spectacular sunrise from Ghorepani Poon Hill (3,210m) with panoramic Himalayan views.

- Trek through beautiful mountain villages, peaceful forests, and terraced hillsides.
- Experience the rich Gurung and Magar culture and warm Himalayan hospitality.
- Journey into the breathtaking Annapurna Sanctuary, surrounded by towering snow-capped peaks.
- Reach Annapurna Base Camp (4,130m) for unforgettable 360-degree mountain views.

Getting into the Annapurna Region

Your adventure begins in Kathmandu with a scenic flight to Pokhara. Nestled beside Phewa Lake and surrounded by Himalayan views, Pokhara is the gateway to the Annapurna region and the perfect place to begin your trek.

From Pokhara, a short drive takes you to the trailhead, where your journey starts through traditional villages, terraced farmlands, and lush rhododendron forests before gradually ascending into the heart of the Annapurna region.

Ghorepani Poon Hill Sunrise

One of the highlights of the trek is the early morning hike to Poon Hill (3,210m). As the first rays of sunlight illuminate the Himalayas, you'll witness breathtaking panoramic views of Annapurna I, Dhaulagiri, Machhapuchhre (Fishtail), Nilgiri, Hiunchuli, and surrounding peaks. The peaceful atmosphere and golden sunrise make this one of Nepal's most unforgettable mountain experiences.

Journey into the Annapurna Sanctuary

As you continue through Sinuwa, Bamboo, Himalaya, and Deurali, the landscape transforms from dense forests to alpine terrain, with dramatic cliffs, glacial valleys, and towering mountains surrounding the trail.

The adventure reaches its highest point at Annapurna Base Camp (4,130m), nestled within the spectacular Annapurna Sanctuary. Surrounded by Annapurna I (8,091m), Annapurna South, Hiunchuli, Machhapuchhre, and other majestic peaks, you'll experience breathtaking 360-degree Himalayan views. Standing in the heart of the Annapurna Sanctuary is a truly unforgettable moment and the ultimate reward for every step of the journey.

After celebrating this incredible achievement, you'll descend back to Pokhara before taking a scenic flight to Kathmandu, bringing your unforgettable Himalayan adventure to a perfect conclusion.



PRICE INCLUDES

- Airport Transfers (Pick-up & Drop-off)
- Kathmandu to Pokhara to Kathmandu Transport (Flight)
- Transport: Pokhara Ulleri and Jhinu Pokhara Jeep private
- Accommodation : 3 stars Hotel twin sharing, BB Plan, 2 nights, same category
- Accommodation: 3-star twin sharing BB Plan 1 night, same category
- Accommodation (Teahouses/Lodges during the trek)
- Meals (Full - Breakfast, Lunch & Dinner during the trek)
- Trekking Permits (ACAP & TIMS)
- Professional Guide & Porter
- Duffle Bag and Trek Map
- Annapurna Conservation Area Entry Fees

PRICE EXCLUDES

- International Flights (To/From Nepal)
- Nepal Visa Fees
- Travel Insurance (Mandatory for high-altitude trekking)
- Personal Expenses: Trekking Gear (Personal clothing, boots, trekking poles, etc.)
- Tips for Guide & Porter
- Emergency Evacuation & Helicopter Rescue (If required)

- Extra Accommodation Costs



DETAILED ITINERARY

Day 1: Arrival in Kathmandu (1,330 m)

Welcome to Nepal! Upon arrival at Tribhuvan International Airport, a representative from Trek Curator will warmly welcome you and transfer you to your hotel. After check-in, enjoy some free time to explore Thamel, Kathmandu's vibrant tourist district.

Day 2: Flight from Kathmandu to Pokhara (25 minutes flight - Drive to Ulleri (Approx. 2-3 hours drive)

After breakfast, take a scenic flight from Kathmandu to Pokhara. Upon arrival, drive by private vehicle to Ulleri, passing beautiful rivers, terraced fields, and traditional villages. Overnight in Ulleri

Day 3: Trek from Ulleri to Ghorepani (2,800 m) (5-6 hours)

After breakfast, begin your trek through lush rhododendron and oak forests. Enjoy spectacular mountain scenery as you gradually ascend to the beautiful village of Ghorepani. Overnight in Ghorepani.

Day 4: Sunrise Hike to Poon Hill (3,210 m) - Trek to Tadapani/Chui (2,630 m) (5-6 hours)

Wake up early for a memorable sunrise hike to Poon Hill, one of Nepal's most famous viewpoints. Enjoy panoramic views of the Annapurna and Dhaulagiri ranges before returning to Ghorepani for breakfast. Continue trekking through forests to Tadapani or

Chuile for an overnight stay.

Day 5: Trek from Chuile/Tadapani to Sinuwa (2,360 m) via Chhomrong (5-6 hours)

Today's trail descends through forests before climbing to the beautiful Gurung village of Chhomrong. Continue through stone staircases and peaceful woodland to Sinuwa. Overnight in Sinuwa.

Day 6: Trek from Sinuwa to Deurali (3,200 m) (6-7 hours)

Continue trekking through dense bamboo and rhododendron forests, passing Bamboo, Dovan, and Himalaya before reaching Deurali. As you gain altitude, the scenery becomes increasingly alpine and dramatic.

Day 7: Trek to Annapurna Base Camp (4,130 m) (6-7 hours)

After breakfast, trek through Machhapuchhre Base Camp (MBC), where magnificent mountain views unfold. Continue to Annapurna Base Camp (ABC), surrounded by the spectacular peaks of Annapurna I, Machhapuchhre, Hiunchuli, and Annapurna South. Overnight at ABC.

Day 8: Trek from Annapurna Base Camp to Bamboo (2,310 m) (6-7 hours)

Enjoy a beautiful Himalayan sunrise at Annapurna Base Camp before descending through Machhapuchhre Base Camp, Deurali, and Himalaya to Bamboo. Overnight in Bamboo.

Day 9: Trek to Jhinu Danda - Drive to Pokhara (5-6 hours trek)

Descend through Chhomrong to Jhinu Danda, where you can relax in the famous natural hot springs. Afterward, drive back to Pokhara and enjoy a comfortable evening by the lakeside.

Day 10: Flight from Pokhara to Kathmandu

After breakfast, take a scenic flight back to Kathmandu. Upon arrival, transfer to your hotel. Spend the rest of the day relaxing, shopping for souvenirs, or exploring the city's cultural attractions.

Day 11: Departure

After breakfast, transfer to Tribhuvan International Airport for your departure flight. Depart Nepal with unforgettable memories of your Annapurna Base Camp adventure.