

Chisapani Nagarkot Hike - 3 Days

Introduction

Chisapani Nagarkot Hike will start from Sundarijal (Sundari meaning the beautiful and Jal meaning the Holy water). In conclusion, Sundarijal means the holy water flowing from the Shivpuri Nagarjuna forest. The Shivpuri Nagarjuna forest holds the spiritual values of Lord Shiva. The chisa means the cold, and Pani means the water, so the Chisapani means the Cold flowing Water.

From Chisapani Nagarkot Hike, we will see many mountain peaks like Mount Everest, Langtang, Ganesh Himal, Dorje Lakpa, and Gaurishankar. On the way, we will meet many old traditional villages, cultivated land, prayer flags, and many more attractions. Nagarkot is a small town in the middle of Jungle which is away from crowded town of Kathmandu.

As Nagarkot is the best viewpoint for Sunset and Sunrise, with some of the highest mountain peaks. As we hike to Telkot village, we have the option to continue hiking to Changunarayan or drive to Changunarayan.

PRICE INCLUDES

- Transportation from Kathmandu to Sundarijal and from Changunarayan to Kathmandu
- Breakfast, Lunch, and Dinner during trekking time
- Teahouse, a Hotel for a night.
- 1 Trekking Guide with his accommodation, food, and salary
- National Park Entrance Permit
- Government taxes
- Company Service Charge

PRICE EXCLUDES

- International Flights
- Nepal Arrival Visa
- Kathmandu Hotel Accommodation
- Donation and Charity
- Personal expenses like bar bills and shopping
- Tipping for Guide and Driver

DETAILED ITINERARY

Day 1: Kathmandu to Sundarijal Drive, Trek to Chisapani

We head towards Sundarijal from Kathmandu via Boddha, observing various sights within Kathmandu along the way. After about an hour's drive, we reach Sundarijal, where our trekking begins. We proceed to Shivpuri Nagarjuna National Park to obtain our permits before moving forward. After about a few minutes of walking, we enter a dense jungle. As we approach, we see the Sundarijal Water Supply Project Dam, which provides water to Kathmandu. With the sounds of various birds chirping, we reach Mulkharka, where we see farming activities and notice a slight difference in attire. After having lunch, we continue uphill, heading further into the jungle. Along the way, we encounter various animals, including monkeys, and are surrounded by lush plants, trees, and bushes. Embracing the peaceful nature, we finally reach Chisapani, where we feel the cold and enjoy views of the snow-capped mountain peaks.

Day 2: Hiking from Chisapani to Nagarkot via Jhule

After having breakfast at Chisapani, we take the jungle path, passing through the area that became Dhaphdamp and then reach the beautiful green village of Jhulay. Here, we meet local people and taste local food. Our journey continues as we head towards Jarsingpowa, passing local homestays and witnessing Tibetan prayer flags fluttering on the hills. We hear the sound of the wind and walk through the dense jungle, finally reaching Nagarkot. As we arrive, we witness the sun setting, with clouds moving above and below the majestic mountains, making it a memorable end to the day.

Day 3: Hiking from Nagarkot to Changunarayan, Drive to Kathmandu

On the final day of our journey, we woke up on particularly meaningful morning and get beautiful sunrise view with golden snowcapped mountain peak. After having breakfast, we start our hike down to Changunarayan via old villages. We will see the Himalayan ranges like Annapurna, Manaslu, Ganesh Himal, Langtang, Jugal, Rolwaling, Mahalangur, and Numbur. As we trek down to Telkot village and straight our trekking trails to Changunarayan Temple. As Changunarayan Temple is oldest Lord Vishnu Temple listed on UNESCO Heritage Sites. We will explore the National Heritage and take our vehicle to Kathmandu and finally drop you to your respective hotel.



FREQUENTLY ASKED QUESTIONS

1. Who can join this hike?

This trek is graded easy, making it suitable for beginners, families, and experienced hikers seeking a relaxed pace. Basic fitness is recommended, but no prior trekking experience is required.

2. How are meals and accommodation handled?

Meals (breakfast, lunch, dinner) are provided during trekking days. Accommodation is in teahouses or hotels, offering basic comfort, clean beds, and local hospitality.

3. Is the trek guided?

Yes, a licensed trekking guide accompanies your group, and their food, accommodation, and salary are included in the price. Guides provide local knowledge, safety, and navigation support.

4. What should I pack?

- Comfortable hiking shoes or boots
 - Light and warm clothing (layers recommended for mornings/evenings)
 - Rain jacket or poncho
 - Hat, sunglasses, and sunscreen
 - Water bottle and snacks
 - Personal medications and toiletries
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5. What permits are required?

The trek requires a National Park Entrance Permit, which is included in the trip price. No additional trekking permits are needed for this route.

6. How safe is this trek?

The route is generally safe for all age groups. The trails are well-maintained, and your guide ensures safety. Carrying a basic first-aid kit is recommended.

7. How accessible is transportation?

Transportation is arranged based on group size. The journey begins and ends in Kathmandu, with drives to Sundarijal and from Changuarayan included in the package.

8. Are there any cultural experiences included?

Yes, the trek passes through traditional villages, offering insight into local customs, farming practices, and ancient temples like Changuarayan, a UNESCO World Heritage site.

9. Can this trip be customized?

Yes, the trip can be customized based on group preferences, number of days, or adding extra destinations.
