Trek Curator
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Ghorepani Ghandruk Trek - 8 Days

Ghorepani Ghandruk Trek is one of the most popular and easiest trekking routes in the Annapurna region, alongside the Annapurna Base Camp and Mardi Himal trek. Ghorepani is easily accessible from Pokhara, making it ideal for short holidays. Ghandruk Trek combines stunning natural beauty, cultural immersion, and Himalayan adventure. It provides breathtaking panoramic views of Annapurna South, Machhapuchhre (Fishtail), Hiunchuli, and Dhaulagiri.

Highlights of the Trek

One of the major highlights of the Ghorepani Ghandruk trek is the panoramic view from Poon Hill, which is regarded as one of the best sunrise points in Nepal. As you continue, the trek takes you through beautiful rhododendron forests. You can explore traditional Gurung villages and visit the museum in Ghandruk. In particular, Ghandruk offers an opportunity to interact with the Gurung and Magar communities, which offer valuable insights into their lifestyles, local cuisine, clothing, and traditions. Throughout the journey, the spectacular views of various Himalayan peaks make this trek even more extraordinary.

Trekking Route

Beginning from Nepal’s capital, Kathmandu, with a scenic drive to Pokhara. The Ghorepani Ghandruk trek is considered an easy yet adventurous trek. First, you will drive to Pokhara. From there, you will drive to Nayapool, where the trek begins. From Nayapool, you’ll trek to Ulleri, passing through lush lowlands and charming Gurung villages. The trek continues through rhododendron forests before climbing stone steps to reach Ghorepani. After that, A short hike to Poon Hill offers an unforgettable sunrise and stunning views of the Annapurna and Dhaulagiri range. From there, the journey continues to Tadapani, where you will traverse dense forests and waterfalls before arriving in Ghandruk, the home of the Gurung community. The trek concludes with a gradual descent through terraced fields back to Nayapul, followed by a drive back to

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Pokhara and return to Kathmandu.

Why choose the Ghorepani Ghandruk Trek?

Overall, the Ghorepani Ghandruk trek is short and scenic, making it suitable for families and casual trekkers. It offers a rich biodiversity experience and spectacular mountain views, perfect for photographers and nature lovers. Additionally, it is easily accessible from Pokhara and provides insights into the traditional lifestyles of the Gurung communities.

"Ready to explore the breathtaking Annapurna region? Book your Ghorepani Ghandruk trek with us today!

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PRICE INCLUDES

- Airport Transfers (Pick-up & Drop-off)
- Kathmandu to Pokhara Transport (Bus)
- Accommodation (Teahouses/Lodges during the trek)
- Meals (Breakfast, Lunch & Dinner during the trek)
- Trekking Permits (ACAP & TIMS)
- Professional Guide & Porter (Guide with First Aid Kit)
- Necessary Trekking Equipment (Sleeping Bag & Down Jacket on rent)
- Annapurna Conservation Area Entry Fees
- Emergency Support (Basic First Aid)

PRICE EXCLUDES

- International Flights (To/From Nepal)
- Nepal Visa Fees
- Personal Expenses (Snacks, drinks, hot showers, WiFi, battery charging)
- Meals in Kathmandu & Pokhara (Except breakfast at hotels)
- Trekking Gear (Personal clothing, boots, trekking poles, etc.)
- Tips for Guide & Porter (Customary but not mandatory)
- Emergency Evacuation & Helicopter Rescue (If required)
- Extra Accommodation Costs (Due to delays, weather, or personal reasons)

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DETAILED ITINERARY

Day 1: Arrival Kathmandu

Your journey to Ghorepani Ghandruk begins with your arrival at Tribhuvan International Airport. A representative will meet you at the airport and assist you in getting to your hotel. You can take some time to rest, explore nearby areas, shop, enjoy a café, or immerse yourself in Nepali culture. Feel free to prepare any essential items needed for the trek. In the evening, the guide will brief you about the trek.

Day 2: Kathmandu to Pokhara

Early in the morning, you will drive to Pokhara, a journey that takes about 6 to 7 hours. Along the way, enjoy beautiful landscapes, charming local towns, and scenic views of the Trishuli and Marsyangdi Rivers. In the evening, take a leisurely walk around Phewa Lake or visit nearby attractions. You will stay overnight in Pokhara.

Day 3: Drive to Nayapul, Trek to Ulleri

After an early morning breakfast, you will drive to Nayapul, which takes about 2 hours. Your Annapurna trek begins as you hike from Nayapul to Tikhedhunga. This route takes you through green hills, picturesque scenery, farmland, and waterfalls. After reaching Tikhedhunga, you will ascend a stone staircase to Ulleri, which takes about 5 to 6 hours. Ulleri is a Magar village known for its traditional houses and stunning mountain views. You will spend the night in Ulleri, where you can experience local traditions and cuisine.

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Day 4: Ulleri to Ghorepani

As you trek to Ghorepani, you will pass through a beautiful rhododendron forest and the villages of Banthati and Nangethati, where you can observe the traditional lifestyles of the villagers. The ascent to Ghorepani is gradual but steady. Upon arrival, you will be rewarded with breathtaking views of Annapurna South, Dhaulagiri, and Hiunchuli. Ghorepani is also renowned for its blue-painted houses and warm hospitality. You will stay overnight in Ghorepani.

Day 5: Hike to Poon Hill and Trek to Tadapani

Early in the morning, you will hike for approximately 1 hour to reach Poon Hill and witness a spectacular sunrise. Here, you will enjoy stunning panoramic views of the Annapurna and Dhaulagiri ranges. After returning to Ghorepani for breakfast, you will trek to Tadapani, where you can enjoy views of Machhapuchhre (Fishtail Mountain). The trail takes you through forested ridges and scenic villages. You will stay overnight in Tadapani.

Day 6: Trek to Ghandruk and Drive Back to Pokhara

You will trek down to Ghandruk, which takes about 3 hours. Ghandruk is a picturesque Gurung village where you can learn about the local way of life and visit the Gurung Museum. Engage with locals and savor traditional foods. After exploring, you will drive back to Pokhara, which takes about 3 hours. In Pokhara, you can visit Phewa Lake, Davis Falls, the Bat Cave, and the Tal Barahi Temple, or participate in various adventurous activities. You will spend the night in Pokhara.

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Day 7: Drive from Pokhara to Kathmandu

After breakfast, you will drive back to Kathmandu, a journey of about 6 to 7 hours featuring scenic views of the Trishuli River and local villages. You will have time for shopping. In the evening, consider attending cultural programs that showcase Nepali cuisine.

Day 8: Departure

Your journey concludes at Tribhuvan International Airport. A representative will assist you with hotel checkouts and transport you to the airport. Your unforgettable journey to Ghorepani Ghandruk ends here, filled with cherished memories unforgettable memories.

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