

# Nepal Cultural, Spiritual And Wildlife Tour - 12 Days

Discover the best of Nepal on this unforgettable 12-day journey through Kathmandu, Pokhara, Muktinath, Lumbini, Chitwan, and the Trishuli River region. This carefully designed tour combines spirituality, culture, breathtaking mountain scenery, and wildlife adventures, offering a complete Nepal experience for travelers of all ages.

Begin in Kathmandu, Nepal's vibrant cultural capital, where ancient temples, sacred stupas, and UNESCO World Heritage Sites showcase the country's rich history and traditions. Enjoy visits to iconic landmarks, witness spiritual ceremonies, and experience the unique energy of the Kathmandu Valley.

Travel to the beautiful lakeside city of Pokhara, famous for its serene atmosphere, stunning Himalayan views, and natural attractions. Enjoy sunrise over the Annapurna range from Sarangkot, explore Phewa Lake, Davis Falls, Gupteshwor Cave, and the World Peace Pagoda, and relax amidst Nepal's most picturesque landscapes.

The highlight of the journey is a memorable pilgrimage to the sacred Muktinath Temple in the Mustang region. Revered by both Hindus and Buddhists, Muktinath is known for its 108 holy water spouts, eternal flame, and peaceful mountain setting. The scenic drive through the Kali Gandaki Valley offers spectacular views of the Annapurna, Dhaulagiri, and Nilgiri ranges.

Continue to Lumbini, the birthplace of Lord Buddha and a UNESCO World Heritage Site. Explore sacred monasteries, meditation centers, and historical landmarks that make this one of the world's most important pilgrimage destinations.

Complete your adventure in Chitwan National Park, Nepal's premier wildlife destination. Experience thrilling jungle safaris, encounter diverse wildlife including rhinos and exotic bird species, and

immerse yourself in the culture and traditions of the indigenous Tharu community.

Adding to the experience, travel alongside the beautiful Trishuli River, famous for its scenic valleys, river views, and lush countryside. The journey along this route offers a glimpse into rural Nepal and some of the country's most picturesque landscapes.

This tour is perfect for families, senior travelers, pilgrims, and anyone seeking a comfortable overland journey through Nepal's most iconic destinations. Combining spiritual discovery, cultural heritage, mountain beauty, and wildlife experiences, this Nepal tour promises memories that will last a lifetime.

#### Tour Highlights

Explore UNESCO World Heritage Sites in Kathmandu

Ride the Chandragiri Cable Car and visit Bhaleshwor Mahadev Temple.

Witness spectacular Himalayan sunrises from Sarangkot.

Visit the sacred Muktinath Temple in Mustang

Enjoy scenic mountain drives through the Annapurna region.

Explore Lumbini, the birthplace of Lord Buddha, Maya Devi Temple

Experience a jungle safari in Chitwan National Park

Discover authentic Nepali culture, traditions, and hospitality

Travel alongside the scenic Trishuli River.

Comfortable overland travel suitable for all age groups

## DETAILED ITINERARY

### **Day 1: Arrival Kathmandu ( 1,330m / 20 to 40 minutes**

Upon your arrival at Tribhuvan International Airport, our representative will warmly welcome you with a traditional garland and assist you with your transfer to the hotel. After check-in, you may relax and explore the surroundings at your leisure. In the evening, discover nearby cafés, restaurants, shops, and entertainment venues

### **Day 2: Kathmandu Sightseeing**

After breakfast, embark on a full-day sightseeing tour of Kathmandu Valley. Begin your journey with a visit to Chandragiri Hills, where you can enjoy panoramic Himalayan views, peaceful surroundings, and a refreshing escape above the city. Next, visit Kathmandu Durbar Square and explore the historic Hanuman Dhoka Palace, Kumari Ghar (the residence of the Living Goddess), and the magnificent Taleju Temple. Admire the intricate wood carvings and remarkable medieval architecture that reflect Nepal's rich cultural heritage. Continue to Swayambhunath Stupa, popularly known as the Monkey Temple, where you can enjoy panoramic views of Kathmandu Valley while learning about Buddhist traditions and symbolism. Later, visit the sacred Pashupatinath Temple, one of the most important Hindu pilgrimage sites in Nepal, situated on the banks of the holy Bagmati River and renowned for its spiritual significance.

### **Day 3: Drive from Kathmandu to Pokhara**

After breakfast, depart for Pokhara, Nepal's beautiful city of lakes. The journey covers approximately 200 kilometers and takes around 6-7 hours, depending on road

conditions.

Along the way, enjoy scenic views of rivers, terraced fields, green hills, and mountain landscapes. Upon arrival, check in at your hotel (Hotel Chino Pokhara or a similar category hotel). In the evening, enjoy a leisurely walk around the vibrant Lakeside area.

#### **Day 4: Drive to Muktinath and Worship**

After an early breakfast, drive towards Muktinath via Jomsom, the gateway to the Mustang region.

Upon arrival at Muktinath Temple, one of the holiest pilgrimage sites for both Hindus and Buddhists, offer your prayers and experience the spiritual atmosphere. You may take a holy bath under the 108 sacred water spouts and spend time exploring the temple complex.

In the evening, attend the Muktinath Aarati ceremony, which adds a divine touch to the pilgrimage experience. Later, drive back to Jomsom for an overnight stay.

#### **Day 5: Drive Back to Pokhara**

After breakfast in Jomsom, begin your return journey to Pokhara.

En route, visit the Baglung Kalika area and admire the famous Baglung Golden Bridge, one of Nepal's longest suspension bridges, offering spectacular views of the surrounding landscape.

Upon arrival in Pokhara, check in to your hotel near Lakeside. Spend the evening relaxing and enjoying beautiful mountain views and the peaceful lakeside atmosphere.

#### **Day 6: Sarangkot Sunrise and Pokhara City Tour**

Wake up early and drive to Sarangkot, one of the best viewpoints in Nepal.

Enjoy a breathtaking sunrise over the Himalayan ranges, including Machhapuchhre (Fishtail), Annapurna, and Dhaulagiri.

After breakfast, begin your Pokhara sightseeing tour. Visit Bindabasini Temple, enjoy a boat ride on Phewa Lake, and visit Tal Barahi Temple situated on an island in the middle of the lake.

Continue to Davis Falls and Gupteshwor Mahadev Cave before visiting the World Peace Pagoda and the majestic Pumdikot Shiva Statue. In the evening, return to your hotel.

### **Day 7: Drive from Pokhara to Lumbini**

After breakfast, drive to Lumbini, the birthplace of Lord Buddha. The journey takes approximately 6–7 hours.

Upon arrival, visit the sacred Mayadevi Temple, the Sacred Garden, the Ashokan Pillar, ancient archaeological ruins, and various international monasteries representing Buddhist traditions from around the world.

Optionally, participate in an evening meditation session at one of the monasteries for a peaceful spiritual experience.

### **Day 8: Drive from Lumbini to Chitwan National Park**

After breakfast, drive to Chitwan National Park, Nepal's premier wildlife destination. The journey takes approximately 4–5 hours.

Upon arrival, check in at your jungle resort and receive a briefing about the upcoming safari activities.

Later, visit a traditional Tharu village to learn about the culture and lifestyle of the indigenous Tharu community. In the evening, enjoy a vibrant Tharu cultural dance performance featuring traditional music and costumes.

### **Day 9: Chitwan Jungle Safari**

Spend the day exploring the wilderness of Chitwan National Park, a UNESCO World Heritage Site.

Activities may include a jeep safari, jungle walk, and bird watching accompanied by experienced naturalists. You may encounter one-horned rhinoceroses, deer, monkeys, wild boars, numerous bird species, and, with some luck, the elusive Bengal tiger.

Enjoy a canoe ride on the Rapti River to observe crocodiles and aquatic birdlife, and visit the Elephant Breeding Centre to learn about elephant conservation efforts.

### **Day 10: Drive from Chitwan (Sauraha) to Charaudi, Dhading & Rafting Adventure**

After breakfast, drive from Sauraha, Chitwan to Charaudi, Dhading, a journey of approximately 2-3 hours. Upon arrival, enjoy an exciting white-water rafting experience on the Trishuli River, one of Nepal's most popular rafting destinations. Experience thrilling rapids while taking in the beautiful scenery of rivers, hills, and surrounding landscapes. After completing the rafting adventure, relax and enjoy the peaceful riverside atmosphere. In the evening, check in to your resort or camp for an overnight stay in Charaudi and enjoy dinner by the riverside.

### **Day 11: Drive from Charaudi, Dhading to Kathmandu**

After breakfast, drive from Charaudi, Dhading to Kathmandu, a scenic journey of approximately 3-4 hours along the Trishuli River and through the beautiful countryside. Upon arrival in Kathmandu, check in to your hotel and enjoy the rest of the day at leisure. You may explore the bustling streets of Thamel, visit local markets, or enjoy some last-minute shopping for souvenirs, handicrafts, and traditional Nepali products.

In the evening, join us for a special farewell dinner at a traditional Nepali restaurant, featuring authentic cuisine and a cultural performance. This will be a wonderful opportunity to celebrate the memorable experiences and friendships made during your journey through Nepal.

### **Day 12: Departure**

Depending on your flight schedule, our representative will assist you with hotel check-out and transfer you to Tribhuvan International Airport at least two hours before your departure.

Your memorable journey through Nepal's rich culture, spiritual heritage, breathtaking landscapes, and diverse wildlife comes to an end. We wish you a safe journey home and hope to welcome you again in Nepal.

