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Pikey Peak Trek - 10 Days

Pikey Peak trek is one of the best treks in the Everest Region, renowned for its stunning sunrise and sunset views over the Himalayas. The trek is named after the local deity of the Sherpa people, “Pikey,” who is believed to reside at the summit. It offers breathtaking views of Mount Everest, Kanchenjunga, Makalu, Annapurna, and Dhaulagiri, among others. The trek is ideal for trekkers seeking a quieter trail, adorned with natural beauty and cultural immersion. Starting from Kathmandu, the journey to the summit of Pikey Peak and back offers travelers a unique experience.

Trekking Route

The journey begins in Kathmandu, where you will land at Tribhuvan International Airport and stay overnight, exploring nearby areas. Then, you will drive to Dhap, enjoying beautiful scenery, landscapes, a river, dense forests, and charming villages. The trek begins in Dhap, where you’ll pass through rhododendron and pine forests, enjoying views of Numbur Himal and Everest as you head to the Sherpa village of Jhapre. A 6- to 7-hour trek will take you to Pikey Base Camp through stunning landscapes, past green pastures and dense rhododendron forests. Hiking to Pikey Peak offers breathtaking sunrise views of Mount Everest, the Annapurna range, and other mountains.

Continuing through dense forests, you’ll descend to Lamjura and then to Junbeshi to explore traditional stone houses, prayer wheels, and an old monastery. After visiting the historic Tibetan Buddhist monastery, Thupten Choling Monastery, you’ll gain insight into Tibetan rituals and monastic lifestyles. Finally, you’ll trek downhill to reach the last destination, Phalpu. Driving back to Kathmandu, enjoying the views of river valleys and lush landscapes along the way. Your journey concludes at Tribhuvan International Airport, where the adventure began.

Highlights

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The Pikey Peak trek features breathtaking 360-degree views of Himalayan giants, including Everest, Lhotse, Makalu, and the Annapurna ranges. It is particularly renowned for its viewpoints. The trek allows you to pass through charming villages, dense rhododendron and pine forests, terraced fields, and cross a small suspension bridge. Furthermore, it offers the opportunity to explore Sherpa culture and interact with the local people, enhancing understanding of their traditions. Visiting Thupten Choling Monastery, a serene Buddhist site home to hundreds of monks and nuns, provides insight into Tibetan rituals.

Why Choose the Pikey Peak Trek?

The Pikey trek serves as an excellent alternative to the Everest Base Camp trek. It offers stunning panoramic views of Mount Everest, the Annapurna range, and other mountain ranges. It is ideal for trekkers with limited time or those seeking less crowded trails. Unlike Pikey Peak, the trek is budget-friendly and less commercialized, offering a unique chance to explore Sherpa heritage. In fact, Pikey Peak is one of Sir Edmund Hillary’s favorite viewpoints in the Everest region.

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PRICE INCLUDES

- Airport transfers: Pick-up and drop-off from the airport in a private vehicle.
- Accommodation: Teahouse lodges during the trek (twin-sharing basis).
- Meals: Breakfast, lunch, and dinner during the trek, including tea/coffee.
- Guide & porters: Experienced, English-speaking trekking guide and porter (1 porter for every 2 trekkers).
- Permits & paperwork: All necessary permits and TIMS Card.
- Medical kit: A Basic first aid kit is carried by the guide.
- Measures: Oximeter for altitude monitoring and emergency support.
- Duffle bag: A trekking duffle bag for use during the trip.
- Government taxes: All applicable government and local taxes.

PRICE EXCLUDES

- International flights: Flights to and from Nepal.
- Nepal visa: Entry visa fees for Nepal.
- Accommodation in Kathmandu: Hotels before and after the trek (can be arranged upon request).
- Meals in Kathmandu: Lunch and dinner before/after the trek.
- Personal expenses: Snacks, drinks, WiFi, battery charging, and hot showers during the trek.
- Travel insurance: Mandatory insurance covering emergency evacuation and medical expenses.
- Trekking gear: Sleeping bags, trekking poles, and down jackets (available for rent).
- Tips & gratitude: Tips for guides, porters, and staff (recommended but optional).

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DETAILED ITINERARY

Day 1: Arrival in Kathmandu (1,324m)

Upon your arrival at Tribhuvan International Airport, our representative will welcome you and assist with your transfer to the hotel. You can refresh yourself and explore heritage sites or stroll around Thamel. In the evening, there will be a short introduction to the guide team and an overview of the trek plan, including checking equipment or gear rental if needed.

Day 2: Drive from Kathmandu to Dhap (2,850m)

Early in the morning, you will depart from Kathmandu to Dhap by jeep or shared bus, enjoying scenic views of the highway, forest landscapes, and villages like Okhaldhunga along the way. After a drive of 7 to 8 hours, you will reach Dhap, the gateway to the lower Everest region. Upon arrival, expect cold weather and refreshing mountain air. You will stay overnight in a local teahouse or lodge with basic facilities.

Day 3: Trek from Dhap to Jhapre (2,820m)

Your trek will begin with an uphill walk from Dhap, following wide paths and mountain ridges. The trail offers panoramic views of Numbur Himal and the Everest range, as well as rhododendron and pine forests. After several hours of walking, you will reach Jhapre, a beautiful Sherpa village that showcases stunning views of the Himalayas. Here, you can explore the local lifestyle, traditional houses, local culture, and try regional cuisine. You will stay overnight in a teahouse in Jhapre.

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Day 4: Trek from Jhapre to Pikey Peak Base Camp (3,640m)

After breakfast in Jhapre, we will trek to the Pikey Peak Base Camp, which takes about 6 to 7 hours. You will ascend gradually to help your body acclimate to the altitude. The trek features beautiful scenery, landscapes, green pastures, and dense rhododendron forests. You will pass through remote grazing areas where yaks and sheep roam freely. The Pikey Base Camp offers limited accommodation and a rustic trekking experience.

Day 5: Hike to Pikey Peak for Sunrise (4,065m) and trek to Lamjura (3,736m

You will wake up early to hike to the Pikey Peak summit to witness a breathtaking sunrise, which takes about 1.5 hours. From the summit, you can enjoy panoramic views of Mount Everest, Makalu, Lhotse, Dhaulagiri, Kanchenjunga, the Annapurna range, and even Mt. Manaslu on clear days. The top provides stunning 360° views of rolling green hills and Himalayan giants in the golden morning light, perfect for photography. After spending some time at the top, you will descend back to base camp and continue your trek toward Lamjura, passing through dense forests and ridges. Lamjura is a quiet, forested resting place, and you will stay overnight in a teahouse there.

Day 6: Trek from Lamjura to Junbesi (2,700m

The trek from Lamjura to Junbesi is a relatively easy day with a pleasant descent, taking about 4 to 5 hours. You will walk through rhododendron and fir forests, cross small villages, and pass farmland. Junbesi is one of the beautiful Sherpa villages in the Solukhumbu region, where you can explore traditional stone houses, narrow paths, and numerous prayer wheels. Don’t miss the opportunity to visit the old monastery in Junbesi and enjoy warm Sherpa hospitality, along with organic meals prepared by friendly locals.

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Day 7: Visit Thupten Choling Monastery and return to Junbesi Village (2,700m)

In the morning, you will hike to the Thupten Choling Monastery, a historic Tibetan Buddhist monastery, which takes about 2 hours. This monastery is home to hundreds of monks and nuns and offers a peaceful and spiritual environment. Here, you can learn about Tibetan rituals, chanting, and the monastic lifestyle, with opportunities to receive blessings or join short meditation sessions. After your visit, you will return to Junbesi for an overnight stay, where you can explore the local culture and crafts.

Day 8: Trek from Junbesi to Phaplu (2,413m)

After breakfast, you will head toward Phaplu, taking about 3 to 4 hours. The trek to Phaplu is an easy downhill path that includes crossing a small suspension bridge. You will traverse through terraced fields and Sherpa villages. Phaplu is a charming small town with a jeep station, allowing you the option to explore the nearby market.

Day 9: Drive back to Kathmandu (1,324m)

In the morning, you will drive back to Kathmandu, passing through remote villages, river valleys, and lush landscapes. This journey will take about 7 to 8 hours. In the evening, you can celebrate the successful completion of the trek with a farewell dinner and a cultural show in Thamel.

Day 10: Departure

Your trek concludes at Tribhuvan International Airport. Our representatives will assist you with your transfer based on your flight schedule. This marks the end of a physically

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refreshing and spiritually fulfilling Himalayan adventure.

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